



**ICCMO**  
The International College  
of Cranio-Mandibular Orthopedics  
The Occlusion and TMJ Authority  
INDIA SECTION

# 1<sup>st</sup> ICCMO INDIA CONGRESS

India's Step Forward in the Neuromuscular Dentistry Revolution

**“Measuring Occlusion and Muscle Physiology”**

DATE : 25<sup>TH</sup> & 26<sup>TH</sup> AUGUST 2018 | VENUE : THE CAPITOL, BANGALORE

## **“TMJ” – What is it and how does it apply to every day dentistry? How does PNMD offer solutions?**

**RECOMMENDED FOR:** Dentists, Dental hygienists, clinical dental assistants

**SYNOPSIS:** Temporo Mandibular Dysfunction (TMD) affects a large number of dental patients. Yet there is a great deal of confusion among general dentists as well as dental specialists about “TMJ” diagnosis and treatment.

In this context, “TMJ”, refers to the syndrome of symptoms that has been variously labeled as “Temporo Mandibular Joint Disorder (TMJD),” “Myofascial Pain Dysfunction Syndrome (MPDS),” “Temporo Mandibular Disorder (TMD),” “Cranio Mandibular Dysfunction (CMD),” “Cranio Cervical Mandibular Dysfunction (CCMD),” etc. etc. No wonder it is confusing! We can’t even agree on a label, let alone the cause(s) and treatment.

From the perspective of a clinician with a full time private PNMD practice in Kansas City, dedicated for 20 years to treating complex TMD cases, the attendees would learn to recognize the signs and symptoms of TMD, asymptomatic patients who may become symptomatic after routine restorative dental or orthodontic treatment, implement strategies in their daily dental practices to lessen occurrence of TMD symptoms and avoid practices that exacerbate TMD.

The attendees would also learn the basic principles of Physiologic Neuromuscular Dentistry (PNMD), how to incorporate PNMD in to their practices and the power of PNMD illustrated through clinical cases with complex symptoms well beyond teeth and TM joints.

The participants would also observe a live demo on registering the bite with the K7 after a J% ULF TENS application.

### **COURSE OBJECTIVES:**

- Clear understanding of TMD and principles of PNMD
- Dispel the “TMJ” myths we have all learned as facts
- Recognize the signs and symptoms of TMD
- Avoid practices that exacerbate existing sub-clinical TMD or transient TMD
- Strategies to incorporate PNMD in to a dental practice
- Learn about the power of PNMD to help patients and to reward the dentists